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Newsletter No. 9

Term 2 Week 8

14th June 2022

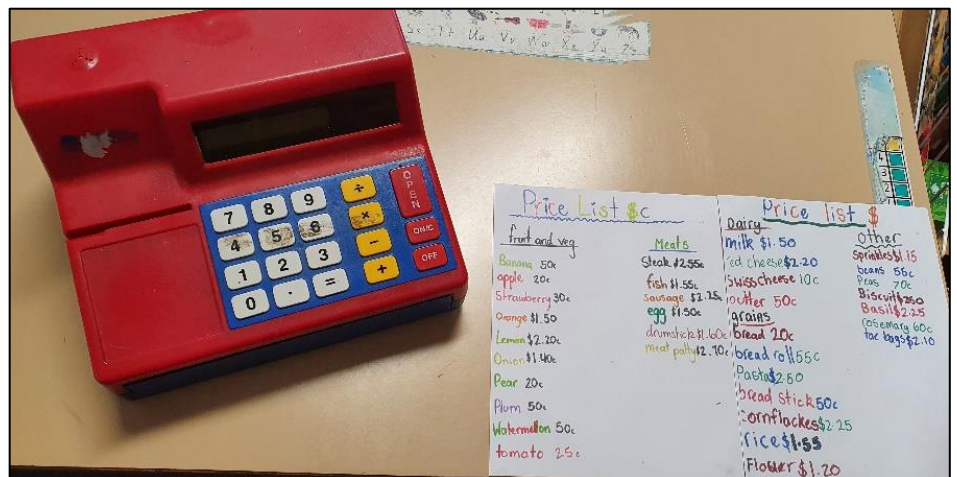
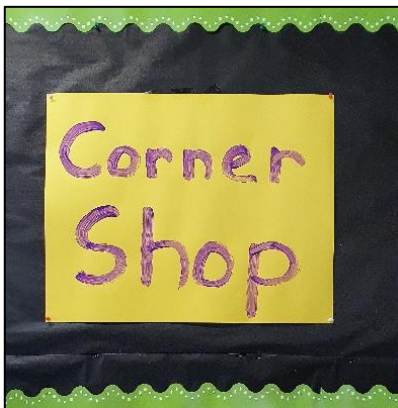
Principals Report

Are you interested in Before and After School Care?

Deepwater Public School continues to investigate the feasibility of a before and after school care service. If you are interested or have a need for before and after school care services for your family, please return the attached survey to school by Wednesday 29th June. This paper survey is in addition to the email sent on 9th June with a survey monkey link. I strongly encourage you to complete both! The paper copy will be forwarded directly onto the Contract Manager within the Asset Activations, School Infrastructure department that I am communicating with. – Ms Carr

Personal Development and Health (PDH)– Personal Health Choices

This fortnight in PDH students in years 3-6 continue learning about the main food groups. They use this information in a fun and interactive way by creating a healthy lunchbox using the interactive lunch box builder, available at <https://healthylunchbox.com.au/builder/>. Students in K-2 also got creative and linked their learning with mathematics by creating a Corner Shop in the classroom.



INVOLVE THE KIDS

Kids are more likely to enjoy their lunchbox food if they are involved in putting it together. Try these ways to get them involved.



In the kitchen

- Select easy lunchbox recipes to cook up on weekends together.
- Share simple tasks such as cracking eggs, stirring and measuring ingredients.
- Help kids build their own lunchbox by keeping a selection of healthy grab and go items.
- Encourage kids to fill their drink bottles with water.

Set healthy lunchbox rules that include choosing a food from each food group.

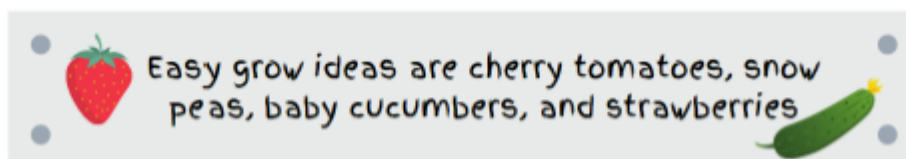
At the shops

- Allow kids to choose their own fruits and vegetables.
- Avoid the junk food aisles and set limits on highly processed foods.
- Ask kids to help look for products with the most stars.



In the garden

- Set up a vegetable patch or pot with some easy to grow vegetables and fruit.
- Let children plant and pick their own vegetables, for snacks.
- Set garden tasks such as weeding and watering.



You Can Do It - Vouchers for Canteen or Book Club

At our last assembly, several students received vouchers to be redeemed at the canteen or towards a Book Club order. Students are reminded to use them if they have not already. Unfortunately, lost or damaged vouchers will not be replaced.

What's on in Geography? Australia's Neighbours

In Geography K-6 students are learning about Australia and its neighbouring countries. Last week, students in years 3-6 had the learning task of pretending they were living in Indonesia. They had to write a letter to an Australian friend explaining what it is like in Indonesia. Below is the beginning of Willow's letter.



Hi Ellie-May and Emily,

Once again we meet again over paper. Hopefully, we meet again face to face and NO I do not mean face timing on a device!

Life in Indonesia is a struggle. Sure, it's cheaper but trust me, I would rather be in Australia 1,000,000 times more than here. I want to leave this tropical nightmare. I want to tell my parents, but they look happy here.

My parents have a big belief in Hindu, and I can tell they don't want to leave this country. If they did leave, they would have to leave behind their culture and because Australia is more expensive we wouldn't have enough money to live a better life ...

... to be continued.

Northern New England Cross Country

Congratulation to the Scout, Emily, Ellie-May, Willow, Jace, Atticus, Jaxon and Torah who represented Deepwater at the Northern New England Cross Country. Congratulations to Willow who placed 3rd in her age division. Well-done Willow!

Student Awards

Scout – pen licence

Willow – an outstanding piece of writing in Geography

Samantha – making great connections in maths

You Can Do It Awards

Jaxon – confidence

Elizabeth – resilience

Atticus – getting along

Kody - confidence

Term 1	Monday	Tuesday	Wednesday	Thursday	Friday
Week 8	13 th June QUEEN'S BIRTHDAY PUBLIC HOLIDAY	14 th June	15 th June Puberty Day at Tenterfield Years 4-6 13.30-1.00pm Sports day	16 th June	17 th June NW Regional Cross Country Coolah Library day Canteen
Week 9	20 th Jun	21 st Jun	22 nd Jun Year 6 THS transition Sports day	23 rd Jun	24 th Jun Library day Canteen Scripture
Week 10	27 th Jun	28 th Jun	29 th Jun End of Term Assembly	30 th Jun Soccer Gala Day	1 st Jul Library day Canteen Last Day Term 2
SCHOOL HOLIDAYS					
TERM 3 Week 1	18 th Jul Staff Development Day	19 th Jul Students return	20 th Jul	21 st Jul	22 nd Jul Library day Canteen Scripture
Week 2	25 th Jul	26 th Jul	27 th Jul Athletics Carnival	28 th Jul	29 th Jul Library day Canteen
Week 3	1 st Aug	2 nd Aug	3 rd Aug	4 th Aug	5 th Aug Library day Canteen Scripture
Year 3 – 6 excursion Coffs Harbour Adventure Centre					

We're coming to your community



NSW Government services will be available in Deepwater on Wednesday 29th June from 9:00am – 3:00pm.

This includes:

- driver licences, proof of identity documents, and Photo Card applications
- Driver Knowledge Tests
- Working With Children Checks
- NDIS Worker Check
- birth, death and marriage certificates
- up to 70 government rebates and savings
- Dine & Discover NSW voucher applications.

Find us at:
APEX Park
30 Young St

Visit service.nsw.gov.au or call **13 77 88** to check our schedule. Unfortunately, sometimes our routes change at short notice.




To help keep NSW safe, we've ensured our Mobile Service Centres follow COVID safe practices.

TENTERFIELD SHOW SOCIETY



\$16

MEMBERSHIP

Includes a FREE Trucker Cap

JOIN NOW



Meetings:
Last Thursday of the Month
7pm

Register Online: <https://forms.gle/9JGA3KqCAeUwqkBK8>
 Register via Email: tentshow@halenet.com.au
 Register via Phone: (02) 6736 1464 (Thursdays 9am-3pm)

TENTERFIELD SHOW SOCIETY



\$10

JUNIOR

MEMBERSHIP

Includes a FREE Trucker Cap

JOIN NOW



Meetings:
Last Thursday of the Month
(Afternoon) -Starting August

Register Online: <https://forms.gle/9JGA3KqCAeUwqkBK8>
 Register via Email: tentshow@halenet.com.au
 Register via Phone: (02) 6736 1464 (Thursdays 9am-3pm)

Before and After School Care Survey – page 1

1. If available, which of the following service(s) would your child attend:

- Before School Care
- After School Care
- Whole Day Care on Staff Development Days
- Vacation Care

2. Which days of the week would you require Before School Care services:

- Monday
- Tuesday
- Wednesday
- Thursday
- Friday
- Occasionally

Comment: _____

3. Which days of the week would you require After School Care services:

- Monday
- Tuesday
- Wednesday
- Thursday
- Friday
- Occasionally

Comment: _____

Before and After School Care Survey – page 2

4. Would the proposed OSHC Operating Hours meet your needs?

Before School: 7:00 am to 9:00 am (Yes / No)

After School: 3:00 pm to 6:00 pm (Yes / No)

Vacation Care / Staff Development Days: 7:00 am to 6:00 pm (Yes / No)

Comment: _____

5. Which of the following are important to you? Tick as many as are applicable.

- Availability of Care
- Good Communication from Provider
- Cost of Care
- Access to Child Care Subsidy
- Easy to use On-Line Booking Services
- Range of Activities & Programs
- Staff to Child Interaction

Comment: _____

6. Do you have any other comments you wish to add?

Thank you for participating in this survey